

## YOUTH SPORTS

### SANDPOINT YOUTH SPORT REVERSIBLE JERSEYS

Sandpoint Parks & Rec. uses red / white reversible sport jerseys for City sponsored team sports in grades 1-8 (football, volleyball, basketball). Special THANKS to LITEHOUSE DRESSING for their continued support of our jersey program. Cost is \$14. Old jersey's may be donated back to Sandpoint Parks and Rec.

### FREE OPEN GYM BASKETBALL – Grades 3-12 Only

**DATES:** Nov. 13 – Mar. 12 (No open gym on February 5.)

**TIME:** SUNDAYS, 3:00 – 4:30pm

**LOCATION:** Sandpoint High School (Availability subject to change.)

This is NOT a supervised activity although a gym monitor is present.

For more info: Parks & Rec. at 263-3613 or [www.sandpointidaho.gov](http://www.sandpointidaho.gov).

### LITTLE DRIBBLERS – Basketball for 1<sup>st</sup> & 2<sup>nd</sup> Grades

This clinic style program is geared towards kids in grades 1 & 2. This program is designed to introduce the kids to the sport of Basketball, teach them the basics of the game with a heavy emphasis on dribbling and ball handling. Sandpoint Youth Sports Jersey is required

**REGISTRATION DEADLINE:** Monday, January 23, 2017

**DATES:** Wednesday's, February 15, 22, March 1, 8, 15, 22

**TIME:** 2:30 - 4pm (1<sup>st</sup> grade) 4-5:30pm (2<sup>nd</sup> grade)

**LOCATION:** Kootenai Elementary School

**FEE:** \$20 County/\$15 City

### YOUTH BASKETBALL - GRADES 3/4, 5/6, 7/8

Our focus is on FUN and FUNDAMENTALS. Play in this program will be split into 3/4 Girls, 3/4 Boys, 5/6 Girls, 5/6 Boys, 7/8 Girls and 7/8 Boys. Practices will be held once per week at area schools.

Sandpoint youth sport jerseys are required. Registration forms will be distributed in area grade schools and middle schools before winter break. Scholarships available (\$50 max per child per booklet)

**REGISTRATION DEADLINE:** Monday, January 9, 2017

**GAMES:** Saturdays, Feb 11 – Mar. 18, 2017

**FEES: 1 Player:** \$35 County/\$30 City

**2 Players:** \$60 County/\$50 City

**3 Players:** \$80 County/\$70 City

**JERSEYS:** \$14

**RHYTHMIC & ACROSPORT GYMNASTICS: Co-Ed, Ages 6 – 18**

Two different forms of gymnastics taught in a recreational format:  
Wear non-baggy athletic clothing.

RHYTHMICS is a beautiful activity that combines elements of ballet, gymnastics, dance, and manipulation of 5 apparatus; ball, clubs, hoops, ribbon and rope into skills & routines to music.

ACROSPORT uses partners and groups working together to perform acrobatic skills of tumbling, lifts, balances, tosses and catches of partners in combination with dance. Gymnasts of all sizes are needed. Bases are bigger and strong. Tops are petite.

**REG. DEADLINES:** Nov 4, 2016 / Jan 9, Feb 17, and April 7, 2017

**DAY & TIME:** Wednesdays,

Beginners: 3:30 – 4:30 pm;

Intermediates 4:30 – 5:30pm (by instructor permission)

**SESSIONS:** Nov 9 – Dec 14, 2016; and

Jan 11 – Feb 15; Feb 22 – Mar 29; & Apr 12 – May 17, 2017

**LOCATION:** Community Hall **MIN/MAX:** 5 / 12

**FEES:** \$40 / session (\$5 In-City discount)

**\*NEW - SUPER KIDS PRESCHOOL PLAYGROUP**

Parents and children are invited to come and join us every Thursday for some playgroup fun. This playgroup provides an opportunity for children to socialize with others in an enriching environment that supports communication, social-emotional development, cognitive development and fine and gross motor skills. Activities include; Arts and crafts, music and movement, sensory exploration, imaginary play, interactive games, building and constructing, etc.

**REGISTRATION DEADLINE:**

**DATES:** Thursdays Nov 17 – March 30

(No playgroup on Nov. 24 & Dec. 29)

**TIME:** 9-11am

**LOCATION:** Community Hall (204 S. 1<sup>st</sup> Ave)

**FEE:** \$12/month/child

**AGES:** 0-5yrs

**CHILDREN'S INTRODUCTORY TO TAEKWONDO-KARATE / SELF DEFENSE**

Taught by Sandpoint Taekwondo, [www.SandpointKarate.com](http://www.SandpointKarate.com), 610-2577 or [SandpointKarate@aol.com](mailto:SandpointKarate@aol.com). This course teaches basic self-defense skills and highlights the importance of self-discipline and character building in a child friendly setting. Includes 2 weeks of lessons and a uniform. Beginner classes are held Tuesday and Thursday from 3:15 - 4:00. **For your first lesson, please arrive 25 minutes early to be fitted in uniform. If this is not possible, please call to arrange a time.**

**LOCATION:** Sandpoint Taekwondo Center 218 Main Street, Downtown Sandpoint

**AGES:** 5-13 yrs old

**TIME:** 3:15 - 4:00 pm

**FEE:** \$49 / person (\$2 City discount) **MIN/MAX:** 3/10

**Session #1** - Starts Tuesday, November 1

**REGISTRATION DEADLINE:** October 30th

**Session #2** - Starts on Tuesday, April 18

**REGISTRATION DEADLINE:** April 14th

## YOUTH ENRICHMENT

### **BABYSITTER'S TRAINING COURSE: Ages 12 & older**

Sandpoint Parks and Rec is pleased to announce that we are offering a Babysitters Training Course. CPR will be introduced but not certified. Bring a sack lunch. Pre-registration is required, contact Parks & Rec for info 263-3613.

**REGISTRATION DEADLINE:** Friday, Oct 28, 2016

**DATE:** Saturday, Nov 5, 2016

**TIME:** 8am-5pm **MIN/MAX:** 3 / 6

**LOCATION:** City Hall (1123 Lake St) – Council Chambers

**FEE:** \$45 / person (\$2 In-City discount)

## FAMILY ACTIVITIES

### **BEGINNING DRAWING: Ages 10 & older**

Basic drawing elements of line, shape, contour, textures, values & perspective will be explored. Bring at least 3 different grades of drawing/charcoal pencils, gum eraser & an 8x10" or larger sketch pad.

**REGISTRATION DEADLINE:** Friday, Nov 12, 2016

**DATE:** Tuesdays, Nov 15 – Dec 6, 2016

**TIME:** 6-8 pm **MIN/MAX:** 4 / 15

**LOCATION:** Community Hall

**FEE:** \$40 / person (\$5 In-City discount)

### **PORTRAIT DRAWING FOR BEGINNERS: Ages 10 & older**

Fundamentals in canon of proportion, line, contour, value, and texture will be explored. Bring at least 3 different grades of drawing/charcoal pencils, gum eraser, & an 8"x10" or larger sketch pad.

**REGISTRATION DEADLINE:** Friday, Mar 3, 2017

**DATE:** Tuesdays, Mar 7 - 28, 2017

**TIME:** 6-8 pm **MIN/MAX:** 4 / 15

**LOCATION:** Community Hall

**FEE:** \$40 / person (\$5 In-City discount)

### **ORIGAMI WORKSHOP: Age 8 - Adult**

Learn the fun and inexpensive art of Origami – Japanese paper folding. A variety of traditional and contemporary techniques and figures such as: flowers, birds, animals and toys, will be explored. Bring your own thin paper white, colored or wrapping paper cut into 4, 6, and 8 inch squares.

**REG DEADLINE:** Feb 17, 2017

**DATE:** Tuesdays, Feb 21 & 28, 2017

**TIME:** 5:30-7:30 pm **MIN/MAX:** 4 / 15

**LOCATION:** Community Hall - (204 N. 1<sup>st</sup> Ave)

**FEE:** \$20 / workshop (\$3 In-City discount)