

CITY OF SANDPOINT OUTDOOR SHOOTING RANGE

Range masters are present during shooting hours (call the Parks & Rec. Dept. 263-3613). Open 3 days a week & Sat. April – Aug and 5 days a week & Sat. Sept.- Nov. Open some select Sundays as well. Please check the monthly hours posted on the web at: www.sandpointidaho.gov/parksrecreation
Special thanks to the 20+ volunteer Rangemasters!

THERAPUTIC RECREATION**SANDPOINT SPECIAL OLYMPICS**

For people ages 8-80+ with intellectual disabilities. Sandpoint Special Olympics offers summer sport training in athletics (track/field) cycling, swimming and basketball. For more information, contact Chris Painter, 208-512-4768

SPECIALIZED NEEDS RECREATION

Specialized Needs Recreation (SNR) offers various recreation programs for youth and adults who have challenges participating in other programs because of a learning disability, sensory impairment, mental, emotional or physical handicap. SNR believes that every individual can live a joyful, active and fulfilling life provided the opportunity. We are located in Coeur d'Alene, to contact SNR, visit: <http://snridaho.org/>

ADULT SPORTS**ULTIMATE FRISBEE LEAGUE (ages 16 and up)**

Ultimate Frisbee is a non-contact active sport full of fast paced action and is very aerobic. This league is coed and all skill levels are encouraged to participate. The game is played on a field with two end zones to catch the final throw, which scores a point.

LOCATION: Great Northern Park

TIME: 5:30pm-7:30pm

DATES: Monday & Thursdays, Starting mid-May through October

***NEW -ADULT FLAG FOOTBALL**

Join Sandpoint Parks & Recreation for a fun 6 v 6 adult flag football league. There will be 7 regular season games with the last two weeks being a single elimination tournament. Teams will be responsible for reffing other games.

LOCATION: Travis Park

REG DEADLINE: Thursday, June 1

TIME: 1pm-5pm

DATES: Sunday's, June 11 – August 6

COST: \$100/team

***NEW – ADULT SAND VOLLEYBALL LEAGUE**

Join the Parks & Recreation Department for some exciting sand volleyball in the sun. The league will be coed doubles play and the format will depend on the number of teams that register.

LOCATION: City Beach Volleyball Courts

TIME: 5:30pm-7:30pm

REG. DEADLINE: June 1

DATES: Tuesdays, June 13-Aug 15

COST: \$100 /team